



# RAMĀ ŚAKTI MISSION

**BULLETIN NO: 323B**

1st January, 1981

Tapas lead a courageous sadhaka to such a state where his mind becomes free of modifications, where he will be incapable of evil tendencies and evil actions.

Root out all falsehood, all crookedness, from the mind. Achieve purification both external and internal, both in thought and conduct. Merely bathing in the sacred waters, will not purify. Mind should be bathed in the sacred Teertha of devotion. External purity is not mere purity of the body. It is purity of conduct, acharana shuddhi. Be votaries of truth and righteousness, but do not invite clashes, conflicts and controversies by entering into arguments and disputations with others.

Achieve mastery over your senses by silent inner sadhana. The sense organs are habituated to the pursuit of sense objects, through ages of indulgence. Dheera is he, whose senses are in their respective golokas, whose mind, withdrawn from pleasure-seeking pursuits, is always engaged in the pursuit of the Antharatman.

The Dheera's mind dies by constantly fixing it in the Atman. When all desires are eliminated, when the mind is free of the clutches of the prakrithi gunas, it is no more the mind. The mind becomes as pure as Atman Himself. Unobstructed realization of the Atman ensues, when the mind rises above the gunas.

To preach the doctrines of Vedanta is easy; to practice them is hard. One should give proper shape to one's life and personality according to the teaching of the Vedanta. Do you aspire for a pure life Have you discovered your inner link with the Paramatman? Have you attained the state of spontaneous merger in your own Self? Have you reposed absolute faith in your Guru's Teaching? Then your pure intellect, sadbudhi, will become silent and will be transformed into pure consciousness itself.

The Dheera alone can raise to the loftiest peak of spirituality, namely, Supreme Enlightenment. That alone is Supreme Enlightenment by winning which there is nothing else to be known and in which state the knower himself becomes one with the knowledge. Through every pore of such Brhman-knower beams forth the Light of Truth. Even his physical body glows with the radiance of Spirit. In His vision, the body too shines as Chinmaya Svaroopā. Everything is Brahman for him.

With the Vision of the Paramatman, the heart-knot breaks, and all doubts perish. Body itself becomes very light for him, emptied of all vasanas. As a dry leaf, falling from a tree, is carried away by the wind, so too the prarabdha determines the movements of the body, whereas the Sage has no connection whatsoever with its actions and its movements.

The body will age and be afflicted with ailments. But this physical condition of the body and old age, can in no way affect the spontaneous Self-knowledge, inspiration and mental poise of a knower of Brahman. There is no force on earth or in heaven that can eclipse the splendor of divine illumination.

Where self-effort and divine grace meet, there success in spiritual life is bound to come. All sadhanas have only one aim, the grace of God. Whatever duties come to your lot, do them with a devotional frame of mind, cheer and spiritual zeal. Do not feel worried with the thought that



# RAMĀ ŚAKTI MISSION

you are made to do a mean job. There is not distinction as high or low, with regard to duty. Every duty is sacred and can be spiritualized.

The body, the senses, the mind, ego and activities, all have Self as the substratum. Everything has to be resolved into the Atman. This is possible only through supreme enlightenment and experience of Samadhi. He, who forgets the Self, comes under the sway of prakrithi. Man's goal, his centre, his home and origin, his honour, everything is the Self.

Whereas the worldlings and weaklings manifest only the nature of prakrithi, the Dheera manifests the Atmic nature. Never allow your mind to be elated or depressed. Let not the passions of prakrithi touch the mind and disturb your equanimity. Equanimity is yoga. Success comes to one who has a balanced mind. An earthquake causes incalculable harm to lives and properties. So also the disturbed mind of a man causes incalculable injury to him as well as to others.

It is the sankalpas and vikalpas that disturb the mental serenity. For sankalpas to thrive there should be a locus. If that locus itself disappears, how can they thrive? Extinction of vasanas means extinctions of mind, and when mind itself is extinct, how can there be sankalpas? Until vasanas are extinct and the mind of gunas dies, one cannot have the Samadhi experience.

When the illusory ego-notion disappears, and the Samadhi is experienced, a new Personality, who is the true Image of God, emerges, a new life centered in God begins, a new radiance shines upon him and a new phase of spiritual ministry is initiated by divine will. The liberated soul becomes vehicle of God's power. He radiates peace. Even if he sits in a far off cave, genuine seekers of God reach his presence as ants are instinctively drawn towards sugar.

A God-man has no trace of self in him. His existence is a blessing for mankind. When he is active for the good of the world; his Chit-shakti flows as streams of enlightenment and love to all creation. God comes as the Avatar, with a global mission of uplifting humanity. He teaches man the dignity of humanity as well as the perfection of God, reminding him that he is not a cage of flesh and bones, but the boundless being of bliss and immortality.

Blessings to you all for the New Year.